



# NAVIGATOR

www.TheWatersEdgeCC.com | Club House: 540.576.1556 | Pro Shop: 540.576.3343

March 2020

## Welcome to India Night

Thursday, March 19

Enjoy delicious Indian cuisine with Chef Michael. \$15++.

### Salad:

Indian-inspired salad creation with assorted toppings and dressings

### India's Inspirations:

Potato and pea samosa with green and red chutneys; tandoori chicken kabobs; vindaloo vegetables with seasonal finds; green curried chicken; steamed jasmine rice; grilled naan breads

### Dessert:

Surprise sweets and treats



## Meet Your Neighbor

Friday, March 13, beginning at 6 p.m.

All Water's Edge members are invited to attend our monthly social. Please join us for cocktails and complimentary hors d'oeuvres starting at 6 p.m. in the Eastroom Lounge. Chef Michael will offer a "Walk Through Ireland Buffet." \$27++. Don't forget to make reservations if you and your neighbor plan to stay for dinner.

### Irish Delights:

Irish potato and leek soup; shamrock asparagus salad; cheddar whipped Yukon potatoes; braised cabbage and leeks; honey-glazed roasted pork loin; thyme-basted broiled salmon; traditional "banger" sausages with caramelized onion gravy; chef-attended carved slow-roasted corned beef brisket with homemade soda bread and soft rolls

### Dessert Offerings:

Traditional Irish desserts, including Irish cream bundt cake and chocolate Guinness cake

## Reminder

The Club will be closing at 3 p.m. every Tuesday through the end of March.

## Brunch with the Chef

Friday, March 27, 12 p.m.

During this month's Lunch with the Chef, we will be featuring a guest chef. Water's Edge member Pam Wade will teach you some culinary skills to host a delicious brunch. This event is sure to sell out, so be sure to make your reservations early, as seating is very limited. The cost for this fun event is \$10++ per person.

## Lunch with Gary Lynch

Friday, March 20, 12 p.m.

Join horticulturist Gary Lynch for lunch as he gives advice for your spring and summer planting.

### Sunday Offerings

Please note changes.

Omelet and Waffle station will only be available on March 29 from 10 a.m. to 1 p.m.

We will be offering breakfast specials and the lunch menu from 10 a.m. to 3 p.m.

### Fresh-Baked Pizza

Fresh-baked pizzas made to order, available Tuesday through Sunday. Feel free to dine in or take out. Please call 576-1556 to place your order.

### Prime Rib Night

MARCH 28  
6 to 9 p.m.

\$25++ per person. Call ahead for reservations!

### Social Bridge

MARCH 4 & 18

Women and Men, Singles and Couples. Social begins at 6 p.m. Dinner at 6 p.m. Bridge play will start directly after dinner. Cash prizes for first and second place. To sign up, contact Denise Wilson.

### Ladies' Wine & Unwind

MARCH 11  
5:30 p.m.

Please be sure to make dinner reservations if you plan to stay for dinner.

### Exercise Facility

Be sure to take advantage of this great facility. Please remember to sign in and turn off the TVs and exercise machines after your workout.



## Club Manager

Robert Lambert

Spring is in sight and is fast approaching! Traditionally, we celebrate spring on March 21, but astronomers now say spring starts a day earlier, March 20. This year it comes even earlier – the official arrival of spring is March 19 at 11:50 p.m. with the Vernal Equinox. One of the best things about spring is that the days get longer, and with longer days, it's easier to enjoy the club. We welcome the arrival of spring and look forward to the upcoming year.

I would like to thank all our members who were here this winter and supported our club events such as the **New Year's Eve Dinner, Meet Your Neighbor, Valentine's Dinner & Dance**, and other events you may have attended.

As the seasons change, Chef Michael will be changing our menus. Look for our next menu change the first of April. We are constantly looking at ways to improve our menus and operations to serve our members in the best possible ways.

### Membership Survey

Our membership survey was emailed to members in mid-February. Thank you to those who have already completed it. If you haven't seen it yet, there's still time! We will send a couple of reminder emails before **the survey closes for responses on March 20**. Chef Michael, Jodi, and I are always ready to hear about your member experience. Our goal is for you to enjoy your membership to its fullest. Thank you for your continued support. Have a great month, and we are looking forward to seeing you around the club.

### Please Note:

**Daylight Saving Time** begins March 8, so remember to move clocks forward one hour.

### Upcoming Events

- Friday, March 6:**  
Fried oysters & shrimp
- Friday, March 11:**  
Ladies' Wine & Unwind
- Friday, March 13:**  
Meet Your Neighbor
- Thursday, March 19:**  
Indian Night
- Friday, March 20:**  
Lunch with Horticulturist Gary Lynch
- Friday, March 27:**  
Brunch with Guest Chef
- Saturday, March 28:**  
Prime Rib Night



### Tennis & Pickleball

Happy spring, tennis and pickleball players! It's time to get back on the courts and knock that ball around. Our tennis group meets on Mondays, Wednesdays, and Fridays at 9 a.m.

John Guthmann, our USPTR-certified tennis professional, is ready if you need your racquet restrung or if your game needs a little tune-up. Call John at **434-927-5039** for a private lesson to get the kinks out of your game. Weather permitting, we will have plenty of fun-filled tennis days in March.

Let's kick off spring with a **pickleball clinic** at 10 a.m. Saturday, March 21, and get some fun and friendly matches organized for the upcoming season.

## From the Pro



Ed Currin

Spring is on the way. Green grass, beautiful flowers, fresh air and the sparkling Smith Mountain Lake waters. I can hardly wait.

The Men's and Ladies' Golf Committees have

been hard at work preparing a competitive and complete golf schedule. I am sure you will find that there is something for everyone. Find a copy of the **Golf Calendar on Page 6**. The golf booklets will be in the golf shop soon.

Now is a great time for new grips or a tune-up lesson to help start the new season. We still have a few spaces available in bag storage if you would like to leave your clubs here. We will have your clubs on your cart at the start of your round and clean them upon completion. Please contact the golf shop if we can be of any help.

## Ladies' Opening Day

Come help us kick off the 2020 season with our opening event on Thursday, April 2. Golf will be at 1 p.m., followed by a meeting and dinner.

**Ladies' Day** will be Thursdays at 9 a.m.

## Men's Opening Day

The **Men's Green and White Tournament** will be held April 3-4. We will have a Stag Night on Friday with cocktails and dinner, during which two equal teams will be drawn for Saturday's match play event. There will be breakfast Saturday morning followed by a 9 a.m. shotgun start. Lunch and awards will follow. This format promises to be a great way to start the season. Come out and enjoy some great fellowship and competition.

**Men's Day** will return to 1 p.m. Wednesdays after Daylight Saving Time begins.

## Hole-in-One Club

Please note the Men's Golf Association has a \$10 and \$50 Hole-in-One Club. If you are a member and make a Hole-In-One while playing in a threesome or foursome you will be awarded the pot. Members will automatically be rebilled to replenish the pot.

## Play Golf, Live Longer!

From ScienceDaily.com

Golfing at least once per month was found to lower the risk of death among older adults, according to preliminary research presented at the American Stroke Association's International Stroke Conference 2020 in February.

Golf can provide benefits such as stress reduction and regular exercise. Due to its social nature and controlled pace, people often maintain motivation and the ability to continue playing the sport even in older age and after major health problems.

Of almost 5,900 participants, average age 72, researchers identified 384 golfers (41.9% men). During follow-up, 8.1% of the golfers had suffered strokes and 9.8% of the golfers had heart attacks. When comparing death rates among golfers and non-golfers, researchers found a significantly lower rate of death among golfers compared to non-golfers, 15.1% compared to 24.6%, respectively.

"While walking and low intensity jogging may be comparable exercise, they lack the competitive excitement of golf," said Adnan Qureshi, M.D., lead author. "Regular exercise, exposure to a less polluted environment and social interactions provided by golf are all positive for health."

**REMINDER:** Please help us maintain the condition of our course by repairing ball marks and replacing your divots. **Please try to replace your divot as opposed to just sanding the cavity.** If your divot can be replaced, please sand around the cavity edges. We also have installed entry and exit posts. Please go beyond the entry post before entering the fairways and return to the cart path at the exit post.

## Course Notes

Winter has been different, to say the least: warm and very wet. Seems like every few days, another weather system comes through.

We have completed the majority of our tree work, with only a couple left on 6 to remove – and those require a contractor so we don't destroy the cart path or wall above the red tee. The trees addressed this season were either dead or out of the way and were removed to increase some air movement. Airflow/sunlight throughout the course is crucial, and limbing is the next best thing to removing them. We will follow up this work by grinding up the stumps, cleaning up the debris, and seeding and/or sodding fescue back in.

As of this writing, we haven't been able to get tractors on the course to top-dress fairways due to the weather. As soon as the fairways firm up, we'll begin. With some rain, the sand should settle

into the turf canopy before our mowing takes off.

A contractor deep tined the fairways this winter, punching holes 8" to relieve compaction and help us drive roots deeper in these heavy clay soils. We have started leveling bad sprinkler heads in fairways. If the head was a full circle, we swapped it with an adjustable one to help with water management. This will be an ongoing process throughout the course all season. Water management remains a high priority. The head exchange is not the ultimate solution but can help in some areas.

Our two spring bulk applications have been put on the books: an early April application with calcium, fertilizer and pre-emergent herbicide, followed up in early May with an organic fertilizer application. These investments are designed to make the property shine.

Our poanna applications have also begun. It is the

hardest weed to control, especially in a cool-season grass environment. We will do our best to keep our foot on its throat until the heat gets too bad. At that point, we will have to pull back a bit.

We are very excited about this upcoming year. We continue to ask for your help with ball marks, divots (replace what you can and sand the balance, not just sand), and cart traffic. Any time you can avoid a high-traffic area, please do so, especially around sand traps. Swing the carts wide and stay in the fairways. I hope everyone had a great winter, and we look forward to seeing you on the links!!

Spring greens aerification is scheduled for April 6-7, following the men's and ladies' openers. Fall aerification is scheduled for September 8-9.

*Jeff Snyder*  
Course Superintendent

Market Report



Available properties

- » Grande Villa Townhomes starting at \$1,250,000
- » Water access homes starting at \$324,900
- » Water access lots starting at \$9,999
- » Waterfront lots starting at \$149,900
- » Waterfront homes starting at \$599,000
- » Marina Bay Condo offered at \$285,000
- » Golfer's Crossing homes starting at \$539,000
- » Island Green Pointe Townhomes starting at \$465,000
- » Village Green starting at \$209,000

Developer properties\*

- » Water access lots \$35,000-\$45,000
- » Grande Villa Luxury Townhomes. Lots 9 and 10 with foundations available for \$200,000.

\* Initiation Fee Paid By Seller

Information provided through RVAR MLS system and is deemed to be reliable but is not guaranteed.

Hiring an interior designer

Don't call them decorators! Interior designers are trained, degreed and licensed professionals who do far more than choose curtains. Their job is to transform the interior of your home to make it more functional and beautiful. If your home could use more space, better traffic flow, better lighting, or an additional room, an interior designer is the one to call.

**They can save you money.** Interior designers can buy appliances, cabinetry, flooring, fabric, furniture and accessories that are sold "to the trade" only. While they charge for their time and/or add a markup to each item they choose for you, you'll pay about the same for unique wow-factor results as you would for big-box, off-the-shelf items.

**They save you time.** The interior designer learns your lifestyle, personal preferences and space concerns. They know the latest products and design solutions, and if they don't have an immediate answer, they do the research so you don't have to.

**They help you prevent mistakes.** An interior design is like a symphony – every detail should complement everything else in utility and beauty. Designers give you what you want, but they also expand your tastes to try new ideas.

**They have resources.** Many design solutions aren't available at retail. Designers have their own go-to teams of contractors, upholsterers, artisans and craftspeople, so they can customize solutions for you.

Most designers offer a free consultation to help you decide if you'll work well together. Contact the American Society of Interior Designers for more information.



Cathie Daniel

Principal Broker



BERKSHIRE HATHAWAY HomeServices  
Smith Mountain Lake Real Estate

**Main Sales Office:** (540) 721-8659  
Monday-Friday 9 a.m. - 5 p.m.  
Saturday, Sunday and Holidays 10 a.m. - 5 p.m.

**The Water's Edge Sales Office:** (540) 576-1333  
**Winter Hours:** Tuesday-Saturday 10 a.m.-4 p.m.  
Other hours by appointment

Cathie Daniel, Broker..... 721-8659	Sylvia McDowell Kent ..... 529-7631	Carolyn Pruett..... 493-1919
Carolyn Crabtree..... 520-2486	Adam Lynch..... 420-8657	Pete Roberts ..... 525-4510
Margaret Craye..... 484-3234	Tim Massey..... 420-6864	Debbie Shelton ..... 797-3177
Van Casteel Daniel..... 493-8659	Jan McGraw ..... 400-9882	Jada Turner ..... 263-0202
Eric Fansler ..... 871-8655	Vicki Millehan ..... 520-2401	Michelle Turner ..... 309-1265
Tom Fansler ..... 871-8355	Dana Montgomery..... 314-1798	Jeannie Villwock ..... 529-0212
Amelia Gerner ..... 580-3510	Alice Newbill..... 263-3555	Kimberly Waters ..... 798-3151
Jane Sullivan Horne..... 493-1690	Xan Pilgrim ..... 226-9504	Parker Waters ..... 400-2681

# March



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Club closed	3 Club closes at 3 p.m.	4 Men's Day 12 p.m. Social Bridge 6 p.m.	5	6 Fried Oyster & Shrimp Night	7
8 Daylight Saving Time begins	9 Club closed	10 Club closes at 3 p.m.	11 Men's Day 1 p.m. Wine & Unwind	12	13 Meet Your Neighbor: Irish Buffet	14
15	16 Club closed	17 Club closes at 3 p.m.	18 Men's Day 1 p.m. Social Bridge 6 p.m.	19 Indian Night	20 Lunch with the Horticulturist	21
22	23 Club closed	24 Club closes at 3 p.m.	25 Men's Day 1 p.m.	26	27 Lunch with Guest Chef	28 Prime Rib Night
29 Omelets and waffles	30 Club closed	31 Club closes at 3 p.m.	1 Men's Day 1 p.m.	2	3	4

Find the golf calendar on Page 6.

## Club hours

### Clubhouse

Sun.: ..... 10 a.m.-3 p.m.  
Tues.: ..... 11 a.m.-3 p.m.  
Wed.-Thurs.: ..... 11 a.m.-8 p.m.  
Fri.-Sat.: ..... 11 a.m.-9 p.m.

### Eastroom Lounge

Sun.: ..... 10 a.m.-3 p.m.  
Tues.: ..... 11 a.m.-3 p.m.  
Wed.-Thurs.: ..... 11 a.m.-8 p.m.  
Fri.-Sat.: ..... 11 a.m.-9 p.m.

### Exercise Room

Sun. & Tues.: ..... 7 a.m.-3 p.m.  
Wed.-Thurs.: ..... 7 a.m.-8 p.m.  
Fri.-Sat.: ..... 7 a.m.-9 p.m.

### Pro Shop

Tues.-Sun.: ..... 9 a.m.-5:30 p.m.

### Driving Range

Tues.-Sun.: ..... 9 a.m.-5 p.m.

### Equestrian Center

Daily: ..... 8 a.m.-4:30 p.m.

### Pool

Pool closed through Spring 2020.

## Contacts

### Robert Lambert

Club Manager  
rlambert@thewillardcompanies.com  
576-1556

### Ed Currin

Golf Pro  
twepro@pga.com  
576-3343

### Sam Atkins Lester

Equestrian Center  
satkins@thewillardcompanies.com  
576-2714

### Ruth Rice

Director of Member Services  
rrice@thewillardcompanies.com  
721-5288

www.TheWatersEdgeCC.com

## Helpful

Here are some phone numbers that are helpful to have on hand in the case of power outages and downed trees blocking marked state-maintained roads.

**AEP:** 800-277-2177

For power outages affecting AEP customers.

**VDOT:** 800-367-7623

For downed trees blocking state-maintained roads, please call the VDOT call center.

# 2020 Golf Calendar



## March

26: VSGA Rules Meeting

## April

2: Ladies' Opening Day

3-4: Men's Opening Day Meeting (Green and White Tournament)

6: 2-Man Match Play Begins

6-7: Aerify greens

21: Senior Interclub – PDRC

26: Mixed Foursome

27: VSGA One-Day Tournament (12:30)

28: Ladies' Mentoring Day

28: Twilight Golf

30: Ladies' Invitational

## May

2: Men's Tri-Member

12: Twilight Golf

14: Ladies' Hi-Lo

15: Men's Guest Day

17: Mixed Foursome

19: Senior Interclub at Waterfront CC

20: Men's Junior-Senior (Committee's Revenge)

26: Twilight Golf

28-29: Ladies' Member-Member

30: Men's 1-Day Member-Member

31: First Round 2-Man Match Play Completed

## June

6: Breakfast Tournament – Devil Ball

9: Twilight Golf

11-12: Ladies' Member-Guest

16: Senior Interclub at Blacksburg CC

18-20: Men's Member-Guest

23: Nine and Dine

26: Currin Cup (12 p.m.) – 2-Man Sixes

30: Second Round 2-Man Match Play Completed (Final 4)

## July

4: Flag Tournament/Parent-Child

7: Ladies' No-Frills Guest Day

10: Currin Cup (9:30 a.m.) – 2-Man Shamble

12: Couples' Club Championship

14: Senior Interclub at Water's Edge CC

14: Twilight Golf

19: Breakfast Tournament – British Open 3 Clubs Skins Shootout (Bangers and Mash)

21-22: Junior Club Championship

23: Ladies' Junior-Senior

28: Twilight Golf

31: Third Round 2-Man Match Play Completed (Final 2)

## August

1: Glowball

7: Currin Cup (9:30 a.m.) – 2-Man Best Ball

9: Mixed Foursome

11: Senior Interclub at Hidden Valley CC

18: Twilight Golf

15: Breakfast Tournament – Island Scramble – Pain Killers and Captain's Choice

22-23: Men's & Ladies' Club Championships

29-30: Water's Edge Ryder Cup

31: 2-Man Match Play Championship Completed

## September

3: Ladies' Senior Championship

8-9: Aerify Greens (after Labor Day)

13: Mixed Foursome

15: Twilight Golf

24: Senior Interclub at Roanoke CC

24: Ladies' Mermaid Tournament

25: Currin Cup (12 p.m.) – 2-Man Stableford

26-27: Men's Member-Member

29: Twilight Golf



## October

6: Ladies' No-Frills Guest Day

9: Men's Guest Day

15: Ladies' Closing Day

16: Men's Closing Day (Skins Shootout & Awards)

# Equestrian Center

Samantha Atkins Lester, Barn Manager

**Horse Fact:** Our horses receive two wellness exams per year, along with dentals and vaccinations.

The barn is open daily from 8 a.m. to 4:30 p.m., but barn management may close it during inclement/severe weather events for protection of owners and horses, or for other reasons, at the barn's discretion. Members are welcome to visit during barn hours and bring treats. The horses love apples and carrots. The pigs love veggies and fruit (no pitted fruit, please), Cheerios and popcorn.

If you would like to schedule a ride or sign up for camp, please call me at the barn at 540.576.2714 or email me at [satkins@thewillardcompanies.com](mailto:satkins@thewillardcompanies.com). Our summer camps have begun to fill up; call today to reserve a spot.

## Horse Camp Dates

Time: 9 a.m. - 1 p.m.

Ages: 4 and up

- June 17-19
- June 24-26
- July 15-17
- July 22-24
- August 12-14
- August 19-21

## Young

**Equestrian**

**Camp Dates**

Time: 4:30 - 9 p.m.

Ages: 8 and up

- June 10-12
- July 8-10
- August 5-7

**To sign up for camp,** please call me at 576-2714 or email [satkins@thewillardcompanies.com](mailto:satkins@thewillardcompanies.com). Please have the following info before calling:

- Camp date you want to attend
- Child's name
- Child's age
- Member number
- Member's name and phone number
- Any known allergies

**At right:** Jenny needed a headband that matched her blanket to keep her warm this winter. She loves the blanket, but the headband lasted no time.

**Below:** Gus, the new barn pup, will be around this summer. He stays busy trying to herd the pigs, but they pay no mind at all to a 9-week-old Corgi.



Photos courtesy of Sam Lester

## Water's Edge Ladies' Golf Association

**2020 is here!** Welcome to the year of clear vision!

The WELGA board has started working on this year's events, and we are excited about some new ideas, as well as the old favorites. Please come to **Opening Day** on **April 2** to learn all about what is in store for our golf season.

**Gary McBride** will again be offering his fantastic 30-minute clinics for only \$5. Individual lessons from both Gary and **Ed Currin** will still be available as well.

If you are not a member of WELGA and

would like to join, please contact our Pro Shop. We play both 9 and 18 holes and encourage all members to come out and join us on Tuesday and/or Thursday mornings. Our official golf season this year runs from **April 2 through October 15**. I'm looking forward to getting through winter and getting on the golf course again!

May you and your golf ball see only fairways and greens!!

*Diane John*  
2020 WELGA Chair



## Valentine's Day

Members enjoyed our Valentine's Day Dinner and Dance on Feb. 14.





*The Water's Edge*  
COUNTRY CLUB



P.O. Box 540  
Smith Mountain Lake  
Witz, VA 24184

*The Water's Edge*  
COUNTRY CLUB